



afoot.co.nz
JOURNEYS | CONSERVATION | EDUCATION



AFOOT IS A RECOGNISED ACTIVITY PROVIDER

Work with them to complete the Adventurous Journey, Voluntary Service and Gold Residential sections of The Duke of Edinburgh's Hillary Award in Aotearoa New Zealand.

Afoot operates under a Concession from the Department of Conservation providing experienced guides and instructors for journeys and activities in the Ruahine, Kaweka, Tararua, Whirinaki and Kaimanawa Forest Parks in the central and eastern North Island.

Afoot provide:

- Classroom theory and practical Adventurous Journey Training.
- Practice and qualifying Adventurous Journeys
- Conservation activities to meet the requirements of the Voluntary Service part of the Award.
- Gold Residential Conservation Programmes.

All of these can be provided for an individual school programme or be put together with students from a variety of schools across Aotearoa New Zealand.



Afoot Conservation Activities

Afoot is also part of the Hawkes Bay Wilding Pines Community Group which is an entity specifically set up with DOC to manage wilding pines in the Ruahine and Kaweka Forest Parks. With groups of about ten volunteers, they can clear roughly 1,000 wilding pines in a relatively leisurely day.

Students will be trained on how to find and clear wilding pines. The area also has a line of traps which can also be checked and logged. This will help control rat, stoat and possum numbers in the area so further protecting flora and fauna.

Other activities on DOC land, such as hut and track maintenance, are also undertaken by Afoot, and students can participate in these activities too.

Future dates and details of the different activity days are listed on their website. Afoot can also put together a bespoke day for school groups that may wish for a specific date.

Email info@afoot.co.nz

Call Graham on 027 451 8067

It's the responsibility of the individual or Award Unit to ensure that the Health and Safety provisions of this Activity Provider meet your requirements.

ARE YOU READY TO TAKE UP THE CHALLENGE?

The Duke of Ed is all about challenging yourself to learn something new, get physically active, give back to your community and explore the wilds of Aotearoa. It's about gaining confidence and growing as an individual, all whilst working towards an internationally recognised accreditation that'll help open doors.

By doing the Award you'll:

- Take ownership of your journey.
- Learn valuable practical and social skills for career development.
- Build your confidence and self esteem.
- Improve your mental health and resilience.
- Connect with other Award participants in Aotearoa and around the world.

You can continue with activities you're already doing, such as sports or volunteering, and count these towards your Award, or you could try something completely different.

It's your Award, so do it your way!

How the Award works

There are three Award Levels.

- The Bronze Award for rangatahi aged 13+
- The Silver Award for rangatahi aged 15+
- The Gold Award for rangatahi aged 16+

To achieve Bronze and Silver you must complete four sections at each level.

To achieve Gold there is an additional fifth section you must also complete.

Voluntary Service Section

Through the Service section, you get to volunteer in your community and see how your efforts can make a positive difference to the lives of others. You'll improve your skills in areas such as team work and communication, building self-confidence as a result.

Physical Recreation Section

This section encourages you to improve your health and fitness, whatever your starting point. You could choose to do a team sport, solo sport or any healthy activity. You just need to break a sweat.

Skills Section

You can choose to improve on an existing skill or try something new. It's all about having a go, learning something and getting better at it, giving yourself a sense of achievement and well-being.

Adventurous Journey Section

For this section you'll need a sense of adventure as you go on a team journey, expedition or exploration. By getting out of your comfort zone, you'll have the opportunity to learn about the wider environment, and develop self-confidence and team work skills.

The Gold Residential Project

Broaden your horizons by undertaking a shared activity or specific course with people you don't know. It's a big, exciting and very fulfilling experience that'll leave you with a great sense of achievement.

How long it takes

The Bronze Award takes 6 months to complete, as does the Silver Award. The Gold Award takes a minimum of a year. Kōrero with your Award Leader or contact the national office for more information.

