

Dear Students and Parents

**BRONZE & SILVER ADVENTUROUS JOURNEY TRAINING  
IONA COLLEGE, HAVELOCK NORTH  
TUESDAY 5<sup>th</sup> NOVEMBER & TUESDAY 12<sup>th</sup> NOVEMBER 2024**

Afoot is an Accredited Provider of Duke of Edinburgh Hillary Award Adventurous Journeys and Training. Since inception Afoot has instructed more than 2,500 students at various Award Levels. Afoot also holds a Department of Conservation Concession to operate on DOC land.

We are providing Duke of Edinburgh Bronze & Silver Adventurous Journey Training for students who are completing their Bronze & Silver Duke of Edinburgh Award.

Training must be completed before the Journeys at each level of the Award. In the words of the NZ Executive Director of the Award "if training, as per the Award requirements, has not been completed and evidence entered into the ORB, before the practice or qualifying Journey, the activity will not fulfil the Award requirements, and the Award will not accept the Journey activity".

Sophia Ferreira and Graham Leech, guides/instructors from Afoot (refer [www.afoot.co.nz](http://www.afoot.co.nz)), will be taking the training.

The training will be completed at Iona College, Havelock North in two sessions at 4pm on Tuesday 5<sup>th</sup> November and Tuesday 12<sup>th</sup> November (students must attend both sessions). Please meet at 3.50pm outside the Gym where you will see the Afoot truck and flag (up the hill to the right).

Session 1 – Tuesday 5<sup>th</sup> 4.00pm to 7.00pm

Environmental Care  
Leadership  
Trip Planning  
Health & Safety & Risk Management  
Clothing & Equipment & Campcraft  
Outdoor First Aid  
Food, Stoves & Fuels

Session 2 – Tuesday 12<sup>th</sup> 4.00pm to 7.00pm

Map Reading  
Compass Use  
Route Finding  
Survival/Loss of Route  
Water Safety

GEAR: All students will need to bring pens and paper for note taking and exercises for both sessions.

Bronze students will need to bring one gas cooker (suitable for tramping), pans (between each two students), cutlery and food in order to prepare a hot, cooked meal at the first session. The plan is for Bronze students to learn to cook a suitable camp meal which does not use either Backcountry dehydrated or Radix/Go Native pre-prepared meals. Cooking can be completed either solo or in pre-arranged pairs. Our suggestion is a pasta or rice-based meal with added vegetables, fish or meat (please see illustrations below).

Silver students need to bring snacks/dinner (they will not be doing the cooking).

Water will be available. Some of the activities will be outside so a raincoat and a warm top would be sensible.

COST: The cost is \$80.00 plus GST (invoiced shortly after the training sessions).

CONSENT: Places are confirmed once a consent form is received by us (on-line from [www.afoot.co.nz/activities](http://www.afoot.co.nz/activities)).

HEALTH & SAFETY: As this is a school-based activity, Health & Safety is the primary responsibility of Iona. Afoot will comply with the requirements of Iona for contractors on premise as advised and in respect of Covid requirements. Afoot will provide its own risk management documentation to the school and its instructors will each carry a First Aid Kit and a Personal Locator Beacon.

Best Regards  
**Graham Leech**  
 027 4518067  
 Accredited Award Provider

